



SASKATOON PIRATES 2026-2027

AGM + PARENT INFORMATION MEETING

September 14th, 2026

SASKATOON PIRATES WATER POLO

AGM + PARENT MEETING

BOARD INTRODUCTIONS

- **BRYDEN GOOSEN - PRESIDENT**
  Active Coach and Player
- **MATT WALZ - VICE PRESIDENT + SECRETARY**
  Active Parent
- **AMANDA KARRAS - TREASURER**
  Active Parent
- **TAYLOR MOLDE - REGISTRAR**
  Active Head Coach and Player
- **LEANNE HAWES - SAFE SPORT MANAGER**
  Active Parent
- **SHELLY TURNER - MINOR OFFICIAL MANAGER**
  Active Parent
- **SARAH DAVIS - MEMBER AT LARGE**
  Active Parent
- **JACK DE KLERK - MEMBER AT LARGE**
  Active Parent
- **KEVIN HANRAHAN - MEMBER AT LARGE**
  Active Parent
- **NICOLE MOODY - MEMBER AT LARGE**
  Alumni Parent

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MEMBERSHIP UPDATE

	Members (includes dual Registration types)					
	2021-2022	2022-2023	2023-2024	2024-2025	2025-2026	2026-2027
	(Intro or Higher)	*(Intro or Higher)*	*(Intro or Higher)*	*(MAS or Higher)*	*(MAS or Higher)*	*(MAS or Higher) as of Sept 10, 2026*
ILWP (all 3 terms)	**29**	**11**	**15**	**30**	**33**	**22**
Fall Term	19	5	9	14	25	22
Winter Term	18	8	12	17	28	-
Spring Term	Not Offered	Not Offered	Not Offered	22	17	-
Youth (12U-18U)	**37**	**35**	**32**	**39**	**41**	**44**
Semi-Comp Admirals (12U)	(1, 2, or 3 day options)	(1, 2, or 3 day options)	4	9	7	15
Admirals (12U)			10	4	10	9
Buccaneers (14U)			18	17	13	8
Marauders (16U/18U)				9	11	12
Adult Rec			**3**	**7**	**12**	**9**
Adult Comp			**14**	**14**	**11**	**8**
Free Trials	0	8	15	26	16	3
Summer Clinic	-	-	72	146	161	-

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MEMBERSHIP UPDATE

HIGHLIGHTS

62% RETENTION - YOUTH PROGRAMS

Well above national average last season ~56%

SIMILAR REGISTRATION NUMBERS AS 25-26

Expect a handful more to come in. (Better position than this time of year last year).

12U REGISTRATIONS INCREASED BY 30%

Large number of ILWP moving to 12U
+ 10 new members

ADULT PROGRAMS

Recruitment happens over the next few months.

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SEASON OVERVIEW

COACHES, SCHEDULES, UPDATES

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NEW TO 2026-2027

TRAINING GROUP UPDATES

- *ILWP Thursdays moved to Tuesdays*
- *ILWP Sundays now 3-4pm*
- *Semi-Comp Mondays ONLY*

MINOR OFFICIAL DEPOSIT

- *ILWP: $30 Fee at registration*
- *All other youth programs: $100 Fee at registration*
- *One family representative must work 1 MO shift to recieve credited back.*

COACHING STAFF

- *Sam no longer with ILWP.*
- *Doug Barr joining ILWP instructors.*
- *Morgan Molde joining Adult Rec staff.*
- *May see more of our senior athletes*

SWIM COACH

Joining practice Monday evenings for swim technique instruction.

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PARENT HANDBOOK

UPDATED FOR 2026-2027

The Parent Handbook was designed to provide families with key information before the season, including general practices, schedules, and where to find club resources.

No major updates from 2025-2026 season.

PIRATES WEBSITE > CLUB DOCUMENTS

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COACHING STAFF



TAYLOR MOLDE
Club Head Coach + Marauders



BRYDEN GOOSEN
ILWP Manager + Club President



RUSLAN EDGERTON
Buccaneer Coach

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COACHING STAFF



JOCELYN MOODY
Admirals + Semi-Comp Coach



EVE TURNER
ILWP Coach



DOUG BARR
ILWP Coach

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COACHING PHILOSOPHIES & DEVELOPMENT

CLUB MISSION

We are a small club!

Club growth: *We want our club to be accessible to all levels from begginer to competitive athletes.*

Holistic Development: *Focusing on fitness, teamwork, confidence, and character as much as on technical skills.*

Safe and Respectful Environments: *Coaches follow guidance from physios/doctors to adapt training safely. Also behavioural 3-strike policy.*

Pathways for growth: *From club level to Provincial and National level.*

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COACHING PHILOSOPHIES & DEVELOPMENT

SEASON TRAINING PLAN

ADM (WPC to WPS to Club): *60-150 skills*

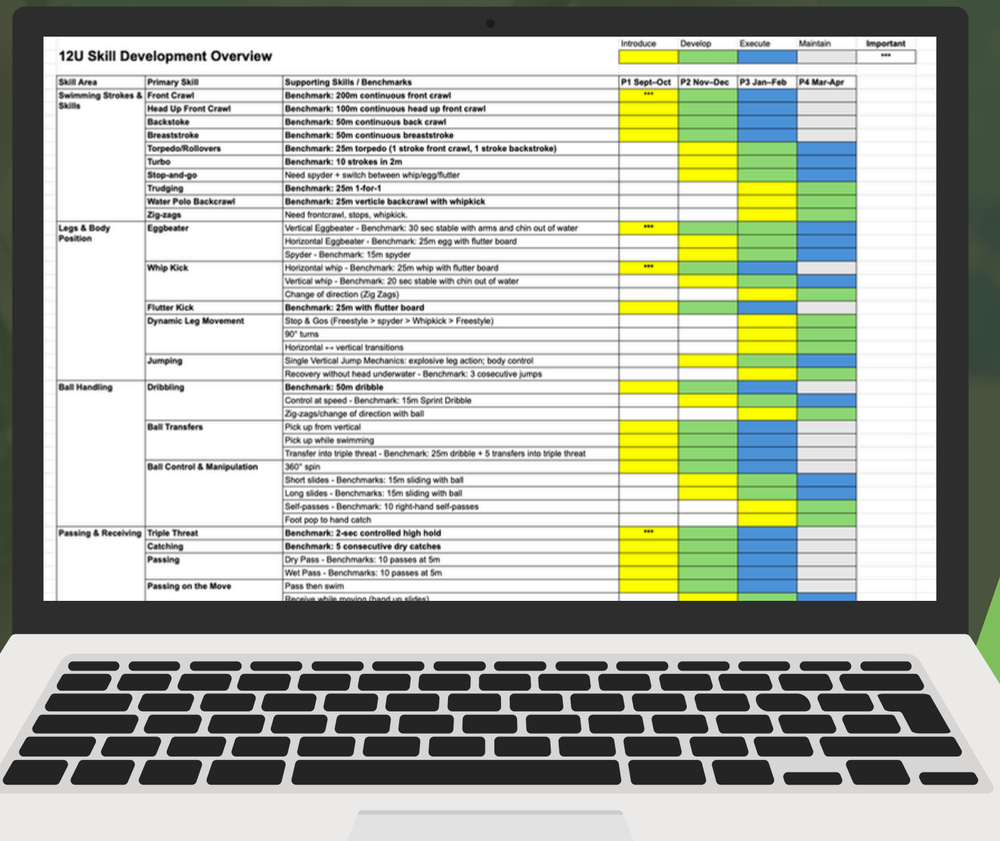
- *First 2 months: Aerobic Endurance + Eggbeater*

Monthly coaching meetings

Coaches experience as player is a huge strength

Practices versus competition coaching

- *Misperception*
- *Minimal time during games*



12U Skill Development Overview

	Introduce	Develop	Execute	Maintain	Important
					***

Skill Area	Primary Skill	Supporting Skills / Benchmarks	P1 Sept-Oct	P2 Nov-Dec	P3 Jan-Feb	P4 Mar-Apr
Swimming Strokes & Skills	Front Crawl	**Benchmark: 200m continuous front crawl**	***			
	Head Up Front Crawl	**Benchmark: 100m continuous head up front crawl**				
	Backstoke	**Benchmark: 50m continuous back crawl**				
	Breaststroke	**Benchmark: 50m continuous breaststroke**				
	Torpedo/Rollovers	**Benchmark: 25m torpedo (1 stroke front crawl, 1 stroke backstroke)**				
	Turbo	**Benchmark: 10 strokes in 2m**				
	Stop-and-go	Need spyder + switch between whip/egg/flutter				
	Trudging	**Benchmark: 25m 1-for-1**				
	Water Polo Backcrawl	**Benchmark: 25m verticle backcrawl with whipkick**				
	Zig-zags	Need frontcrawl, stops, whipkick.				
Legs & Body Position	Eggbeater	Vertical Eggbeater - Benchmark: 30 sec stable with arms and chin out of water	***			
		Horizontal Eggbeater - Benchmark: 25m egg with flutter board				
		Spyder - Benchmark: 15m spyder				
	Whip Kick	Horizontal whip - Benchmark: 25m whip with flutter board	***			
		Vertical whip - Benchmark: 20 sec stable with chin out of water				
		Change of direction (Zig Zags)				
	Flutter Kick	**Benchmark: 25m with flutter board**				
	Dynamic Leg Movement	Stop & Gos (Freestyle > spyder > Whipkick > Freestyle)				
		90° turns				
		Horizontal <> vertical transitions				
	Jumping	Single Vertical Jump Mechanics: explosive leg action; body control				
		Recovery without head underwater - Benchmark: 3 cosecutive jumps				
Ball Handling	Dribbling	**Benchmark: 50m dribble**				
		Control at speed - Benchmark: 15m Sprint Dribble				
		Zig-zags/change of direction with ball				
	Ball Transfers	Pick up from vertical				
		Pick up while swimming				
		Transfer into triple threat - Benchmark: 25m dribble + 5 transfers into triple threat				
	Ball Control & Manipulation	360° spin				
		Short slides - Benchmarks: 15m sliding with ball				
		Long slides - Benchmarks: 15m sliding with ball				
		Self-passes - Benchmark: 10 right-hand self-passes				
		Foot pop to hand catch				
Passing & Receiving	Triple Threat	**Benchmark: 2-sec controlled high hold**	***			
	Catching	**Benchmark: 5 consecutive dry catches**				
	Passing	Dry Pass - Benchmarks: 10 passes at 5m				
		Wet Pass - Benchmarks: 10 passes at 5m				
	Passing on the Move	Pass then swim				
		Receive while moving (hand up slides)				

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TRAINING EXPECTATIONS

ATHLETES

Sportsmanship - Hard Work - Responsibility

- *Arrive on time, ready, and with all equipment*
  - *Dryland Gear (no jeans or pyjamas)*
- *Follow instructions from coaches and officials*
- *Attend practices and competitions; notify if absent*
- *Ask questions respectfully; no inappropriate language*
- *Respect equipment*

PARENTS

Spectators: *Cheer respectfully, leave coaching to coaches, respect officials, and support from the stands or designated areas only.*

Support at Home:

• Ensure athletes arrive on time and prepared.
• Encourage healthy habits (nutrition, sleep, hydration).
• Model sportsmanship.

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TRAINING EXPECTATIONS

ATTENDANCE

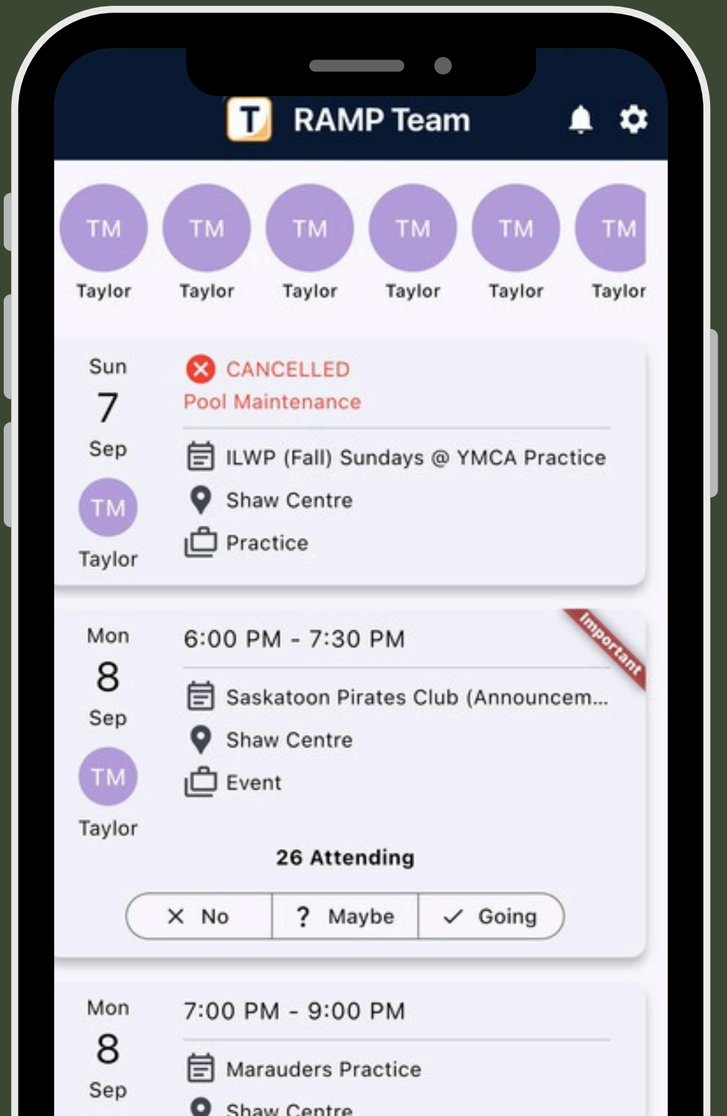
- *Tracked for 12U+ only for reporting to Water Polo Saskatchewan (Team Sask).*
- *No club-level consequences.*
- *Stay home if sick; injured athletes can adapt and participate safely.*

- *ILWP - if you miss a day it may be possible to make it up on in another group, please contact the ILWP Manager.*

EARLY DEPARTURE

- *If your child must leave early from practice (12U, 14U), please notify coaches ahead of time via RAMP Team App.*

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TRAINING SCHEDULE

RAMP TEAM APP

Cancellations *- will be marked on the practice/event. No club training on stat holidays and during Christmas and February breaks.*

Important events (competitions) *- are marked as important with corner badge*

If you click on the practice/event, you will find more information about the event.

- *RSVP deadlines*
- *Competition times, when available*
- *Gov. ID to enter YMCA*

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COMPETITION EXPECTATIONS

ATHLETES

- *Bring and wear your club T-shirt*
- *Wear club gear if available (no Team Sask gear at local events)*
- *Arrive on time and ready for each game*
- *Review the schedule before each competition*
- Cheer positively — no boos, heckling, or negative comments

PARENTS

Volunteering:

- ***Minor Officials:*** *One family member must be a registered MO and fulfill roles (timekeeping, scorekeeping, game sheet) at any event their child attends.*

- ***Fundraising:*** *Families are expected to participate in club fundraisers or pay the opt-out fee.*

AGM + PARENT MEETING

COMPETITION SCHEDULES

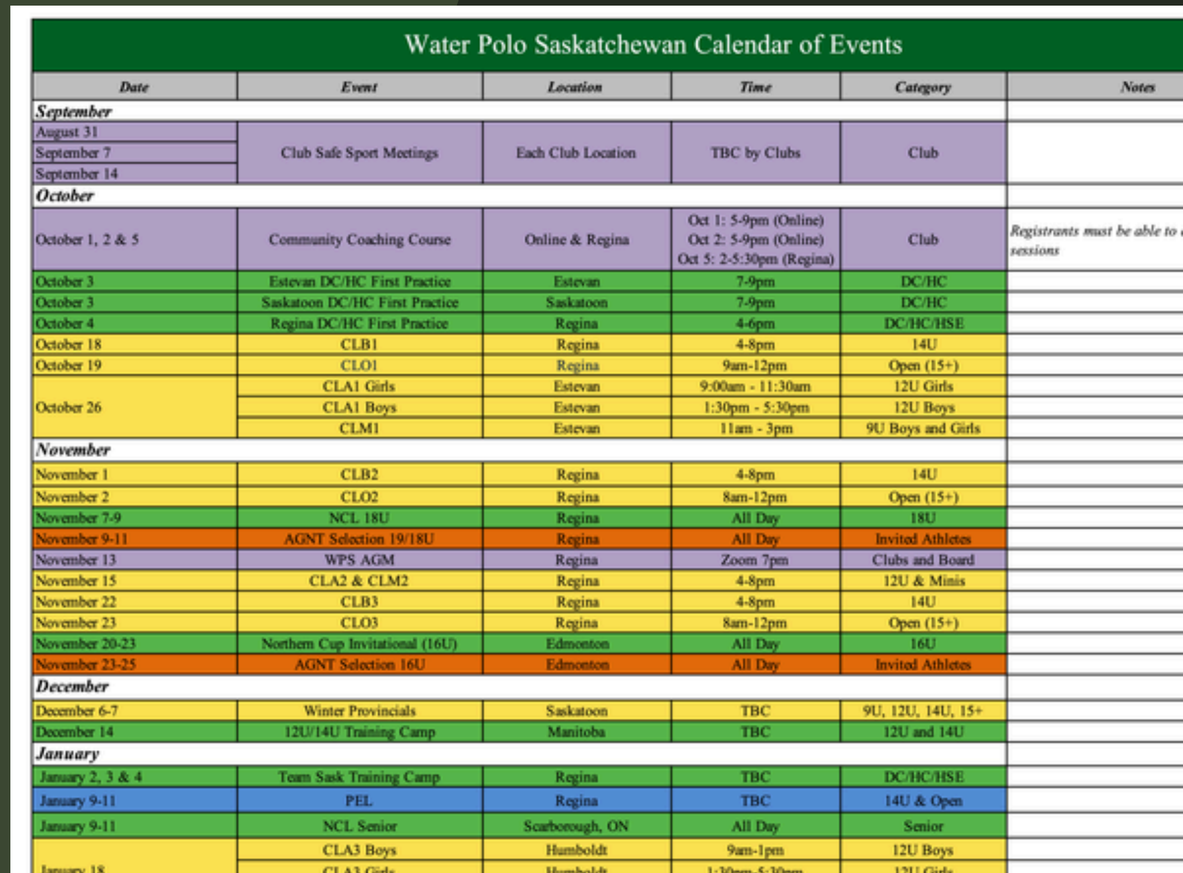
WPS CALENDAR OF EVENTS

WPS CALENDAR OF EVENTS

wpsask.ca > Calendars > WPS Calendar of Events

Colour coded (use legend at top): ***YELLOW*** *highlights all club based competitions*

Admirals = 12U competition, CLA = born 2015-2017
Buccaneers = 14U competition, CLB = born 2013-2014
Maruaders = 15+ competitions, CLO = born 2012 and earlier



Water Polo Saskatchewan Calendar of Events

Date	Event	Location	Time	Category	Notes
September					
August 31 September 7 September 14	Club Safe Sport Meetings	Each Club Location	TBC by Clubs	Club	
October					
October 1, 2 & 5	Community Coaching Course	Online & Regina	Oct 1: 5-9pm (Online) Oct 2: 5-9pm (Online) Oct 5: 2-5:30pm (Regina)	Club	*Registrants must be able to sessions*
October 3	Estevan DC/HC First Practice	Estevan	7-9pm	DC/HC	
October 3	Saskatoon DC/HC First Practice	Saskatoon	7-9pm	DC/HC	
October 4	Regina DC/HC First Practice	Regina	4-6pm	DC/HC/HSE	
October 18	CLB1	Regina	4-8pm	14U	
October 19	CLO1	Regina	9am-12pm	Open (15+)	
October 26	CLA1 Girls	Estevan	9:00am - 11:30am	12U Girls	
	CLA1 Boys	Estevan	1:30pm - 5:30pm	12U Boys	
	CLM1	Estevan	11am - 3pm	9U Boys and Girls	
November					
November 1	CLB2	Regina	4-8pm	14U	
November 2	CLO2	Regina	8am-12pm	Open (15+)	
November 7-9	NCL 18U	Regina	All Day	18U	
November 9-11	AGNT Selection 19/18U	Regina	All Day	Invited Athletes	
November 13	WPS AGM	Regina	Zoom 7pm	Clubs and Board	
November 15	CLA2 & CLM2	Regina	4-8pm	12U & Minis	
November 22	CLB3	Regina	4-8pm	14U	
November 23	CLO3	Regina	8am-12pm	Open (15+)	
November 20-23	Northern Cup Invitational (16U)	Edmonton	All Day	16U	
November 23-25	AGNT Selection 16U	Edmonton	All Day	Invited Athletes	
December					
December 6-7	Winter Provincials	Saskatoon	TBC	9U, 12U, 14U, 15+	
December 14	12U/14U Training Camp	Manitoba	TBC	12U and 14U	
January					
January 2, 3 & 4	Team Sask Training Camp	Regina	TBC	DC/HC/HSE	
January 9-11	PEL	Regina	TBC	14U & Open	
January 9-11	NCL Senior	Scarborough, ON	All Day	Senior	
	CLA3 Boys	Humboldt	9am-1pm	12U Boys	
	CLA3 Girls	Humboldt	1:30pm-5:30pm	12U Girls	

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CLUB COMPETITIONS

COMMUNITY LEAGUE (CL)

- ***Development focus*** *rec events*
- *October - Jan, Finals in March*
- *Different dates for each age group*
  - *9U (Mini) = CLM & 12U (Atom) = CLA*
  - *14U (Bantam) = CLB*
  - *15+ (Open) = CLO*

Mini + Atom events: Regina, Estevan, Humboldt
All other age groups: Regina

PROVINCIAL CLUB CHAMPIONSHIPS (PCC)

- ***Competitive focus***
- *All age groups compete over 2 days*
- *Same age groups as CL (subject to participation numbers)*
- *Winter Provincials Dec 12 & 13*
- *Spring Provincials April 10 & 11*

All events hosted in Saskatoon

*All club athletes are eligible and **encouraged** to attend both CL and PCC events.*

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CLUB COMPETITIONS

COMMUNITY LEAGUE (CL) GAMES ADAPTED

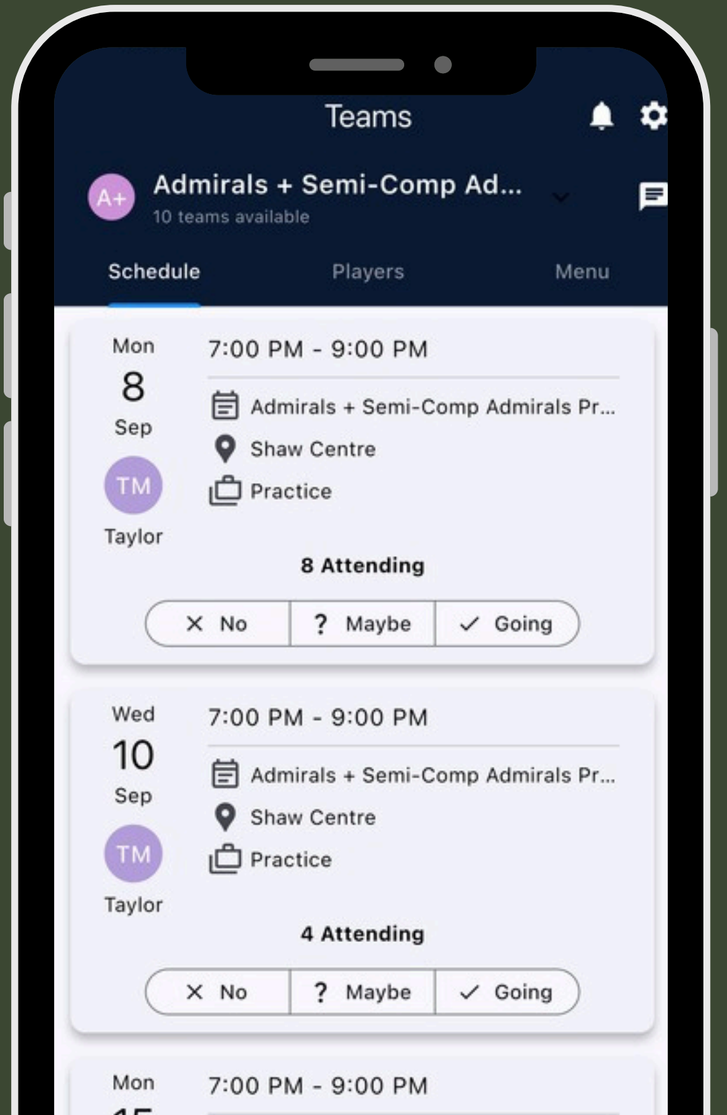
- *15-20min game length*
- *1-2 periods running time*
- *Smaller field of play (18x12m)*
- *Fewer players in play*
- *Adapted major foul count rules*

PROVINCIAL CLUB CHAMPIONSHIPS (PCC) GAMES REGULATION GAMES

- *45min in length*
- *4 periods (length is event dependant)*
- *25m x 15m field of play*
- *7 on 7*
- *Max 3 major fouls per player*

Rules are always subject to change to provide best environment for athletes. Coaches are informed by WPS.

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COMMUNICATION

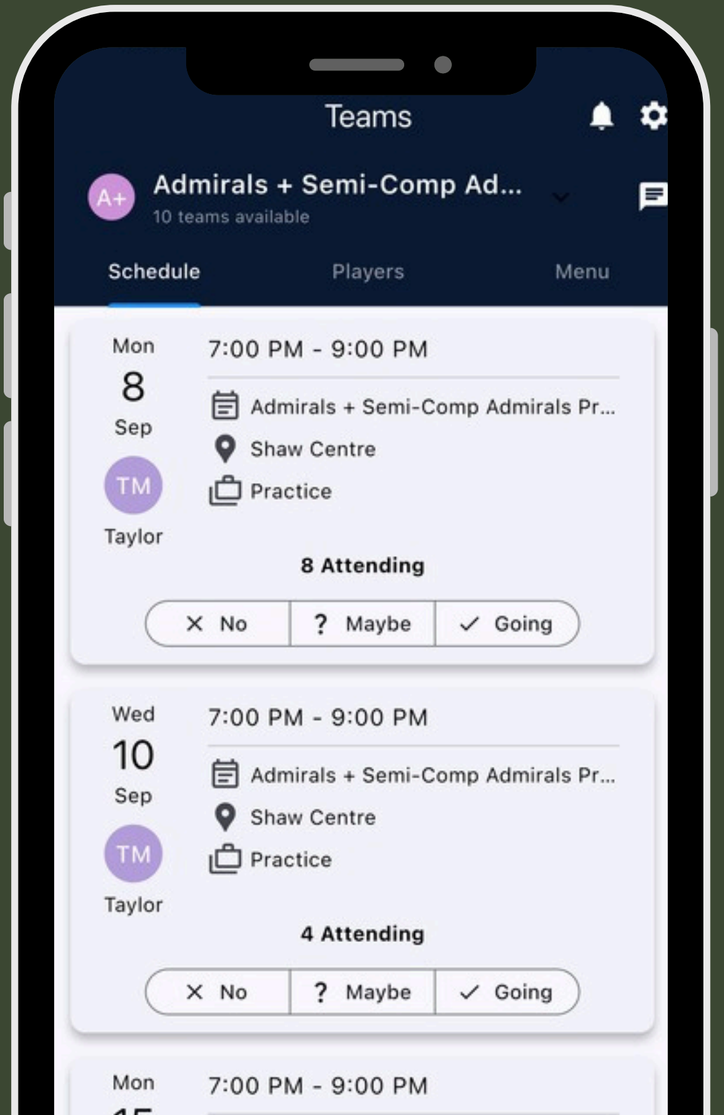
RAMP TEAM APP

Practice RSVPs
Competition sign-up (RSVP by deadlines)
Chats for updates, competition schedules, carpooling, etc
Pirates Club chat

EMAIL

Newsletters, fundraising, surveys
Coaches may contact you by email regarding your child

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COMMUNICATION

COMPETITION SIGN-UP

Through the RAMP Team app.

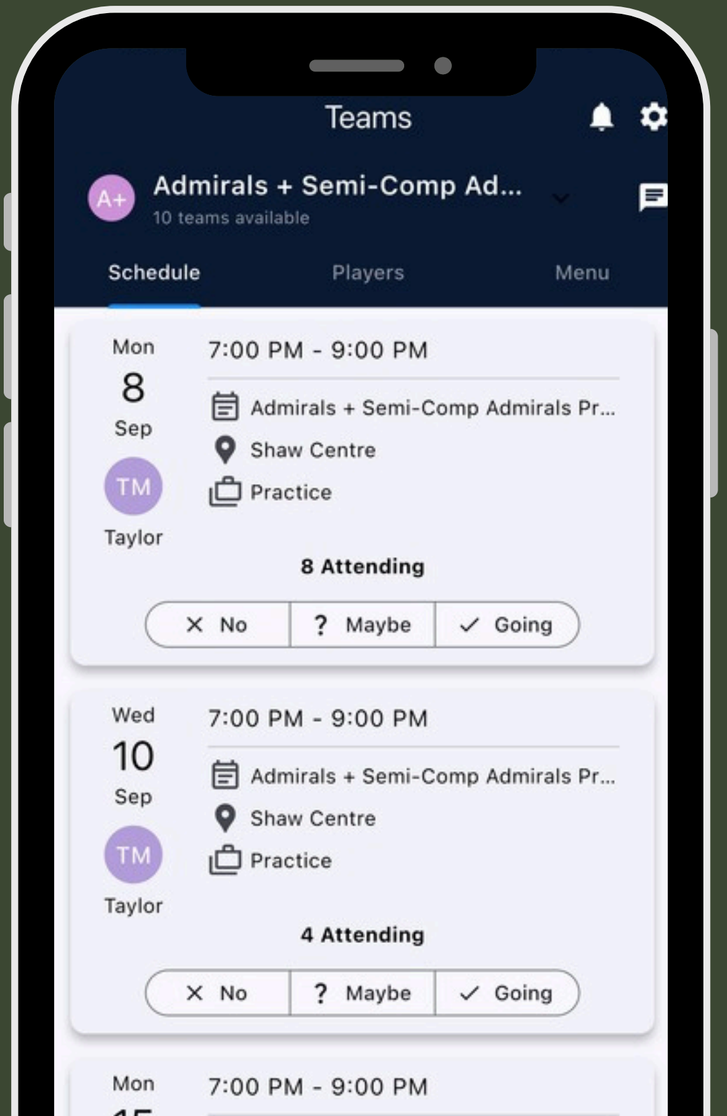
Community League 1, 2, and 3 - 1 week
Community League Finals - 2 weeks
Provincials (Winter, Spring + Summer) - 2 weeks

YES or NO, Maybe is counted as a No

RSVPs are not checked after the deadline, contact your coach for late entry

Late entries = $35 fee for CL and $50 for Provincials. (Last season numbers).

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COMMUNICATION

COMPETITION TIMELINES

***CL 1, 2, &3 3*:**

Sunday: RSVP Deadline

~Wednesday: Schedule Shared with families

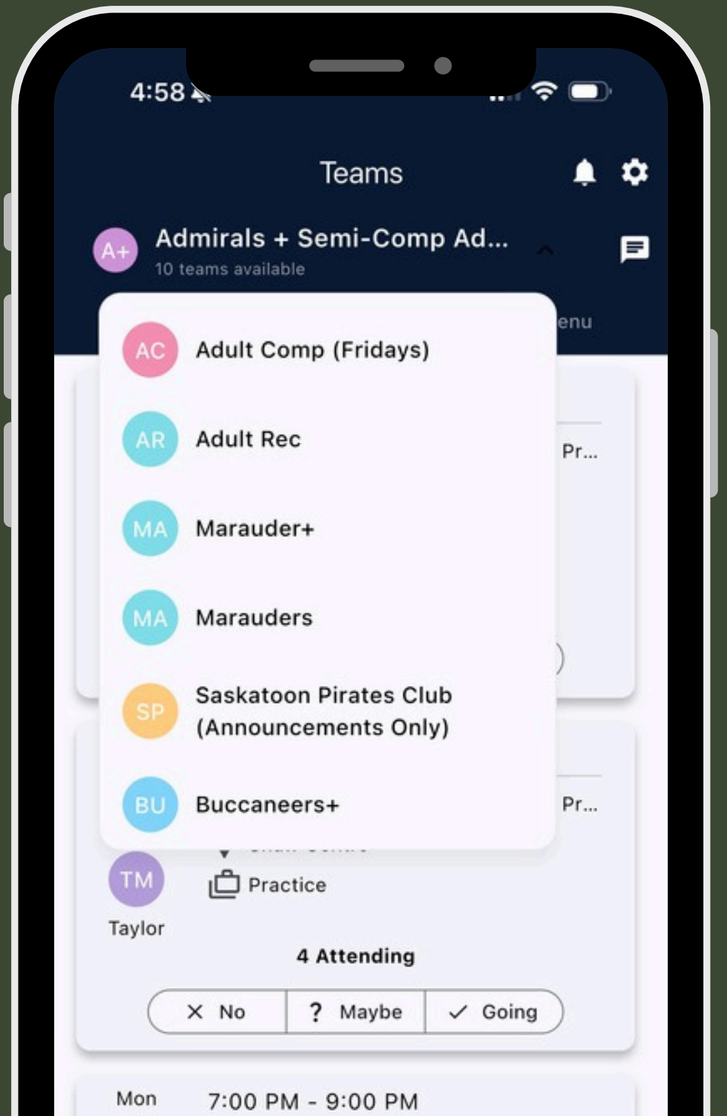
***CL Finals, PCC*:**

Sunday: RSVP Deadline

~Friday: Schedule Shared with families

Delays may occur if schedule redesign required (significant late entries or withdrawals, insufficient entries, coach communication delays)

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COMMUNICATION

APP CHATS

Team Chats *– Each program has its own chat in the RAMP Team App. Use for absences, late arrivals, carpooling, and practice/competition questions.*

Club Chat *– Includes all programs (except Adults). Used mainly for club-wide event updates.*

Private Chats *– Create your own with coaches or members: Chats > "+" (bottom right) > select team > choose members.*

Display Name – *Parents, please update your name in Account Settings to first + last name (or first name (child's name)) for easy identification.*

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UNIFORM + EQUIPMENT

REQUIRED

- *Swimsuit (12U+ should have polo suits)*
- *Silicone cap (for long hair)*
- *Goggles for laps only*
- *Labeled water bottle*
- *Club T-shirt*
- *Dryland gear (appropriate clothing, no jeans or pyjamas)*

RECOMMENDED

- *Training/running shoes for dryland (barefoot if not)*
- *Towel, deck shoes, swim bag*
- *Optional club gear (suits, caps, towels)*





AGM + PARENT MEETING

UNIFORM + EQUIPMENT

PROVIDED

- *Game caps*
- *All training equipment*

TEAM GEAR ORDERS

Gear try-on and sales will be held later this month. Items not in stock will be ordered promptly to ensure faster delivery.



AGM + PARENT MEETING







ADDITIONAL OPPORTUNITIES

- PEL
- PROVINCIAL/NATIONAL PATHWAYS
- REFEREEING
- COACHING COURSE

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PROVINCIAL EVOLUTION LEAGUE (PEL)

WPS HOSTED LEAGUE - INDIVIDUAL ENTRY

WPS created the Provincial Evolution League (PEL) to provide athletes with the opportunity to compete in full FINA regulation games, both with and against other athletes in the province, in a short 3-weekend game series. Athletes compete in one of two divisions: Development (approximately 14 and under) and Open (15 and over).

Development Division: TBC by WPS
Open Division: Women: TBC by WPS

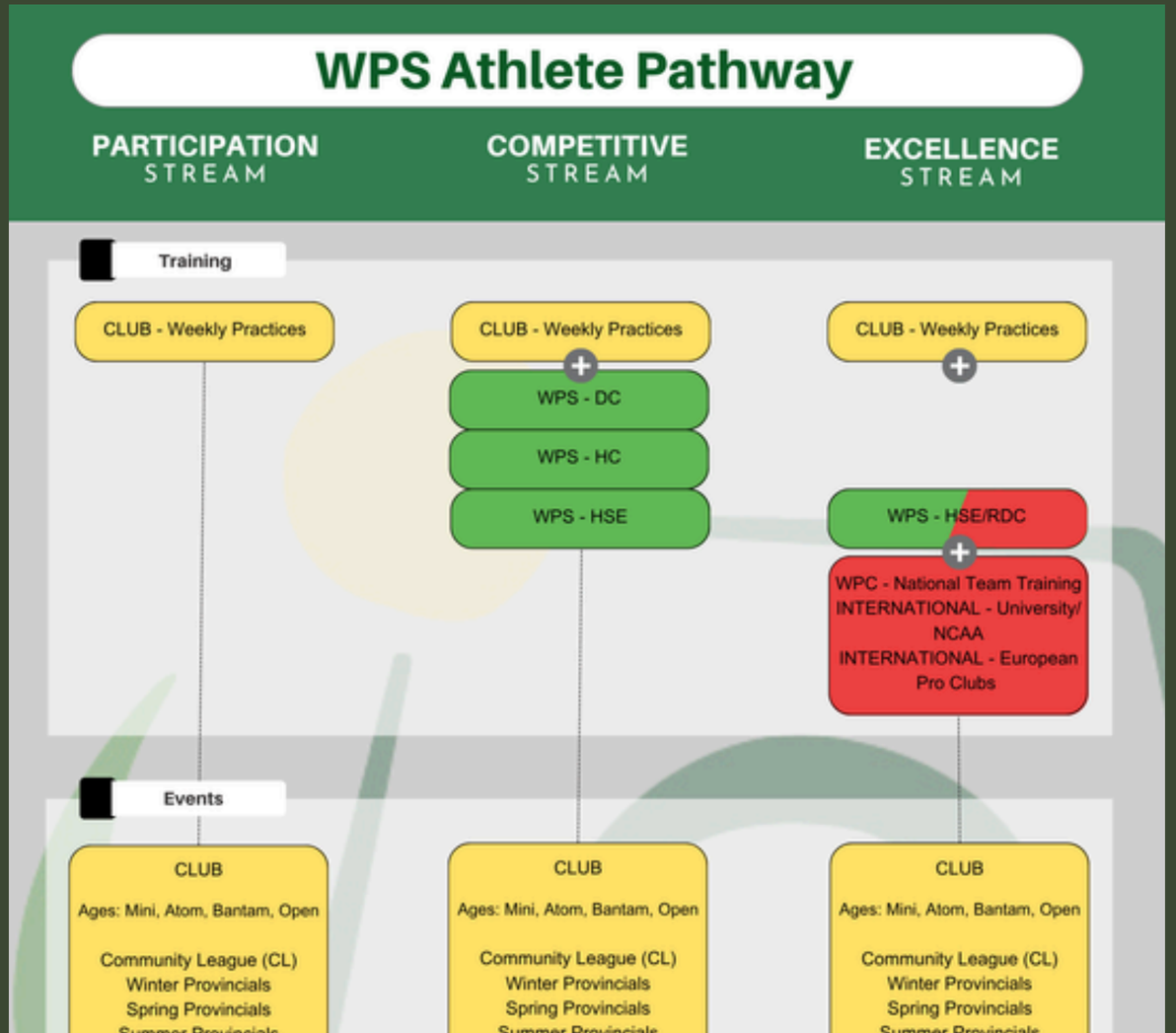
2026 Weekends: Jan 8-10, Feb 4-7 and Feb 26-28 (located in Regina)

Registration will open in December 2026.

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ATHLETE PATHWAY

WPS WEBSITE > PROGRAMS > ATHLETE PATHWAY



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PROVINCIAL PATHWAYS

PROVINCIAL TEAM TRAINING CENTRES - WPS PROGRAMS

DEVELOPMENT CENTRE (DC)

STEP 1 on Competitive Pathway

Targets age 15 and younger

Locations in Regina, Saskatoon, Estevan/Weyburn.

Saskatoon DC: Fridays 7-9pm
Optional weights Fridays 6-7pm

HIGH PERFORMANCE CENTRE (HC)

STEP 2 on Competitive Pathway

Targets age 18 and younger

Locations in Regina, Saskatoon.

Saskatoon HC: Fridays 7-9pm
Weights Fridays 6-7pm

HIGH SCHOOL EXCELLENCE (HSE)

STEP 3 on Competitive Pathway

Targets High School age athletes

Only located in Regina.

Regina HSE: Mon/Wed/Fri 12:15-1:45
Martin Collegiate or Level 10 weights

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PROVINCIAL PATHWAYS

PROVINCIAL TEAM TRAINING CENTRES - WPS PROGRAMS

COMPETITIONS/EVENTS

National Championship League *(NCL): 16U, 18U, Senior*

International Training Camps*: 14U/16U Florida or California, 18U Nice, France*

Invitational Tournaments: *Alberta Open (14U + 16U), Northern Cup Invitational (16U)*

Canadian Championships: *Montreal first week of July*

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REFEREEING



INDIVIDUALS 14+ CAN REFEREE AT COMMUNITY LEAGUES, PROVINCIALS, AND PEL.

- *Referees must be trained and certified as a Community Level Referee.*
- *The referee course fee is waived for HC 14+ athletes; all others pay $50.*
- *Referees are paid per game officiated by WPS.*
- *This is also a great way for parents to learn the rules of the sport!*

COMMUNITY REFEREE COURSE - DATE TBC

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COACHING COURSE

COMMUNITY COACHING COURSE - DATE TBC

INDIVIDUALS 14+ ARE ABLE TO TAKE THE COMMUNITY COACHING COURSE

Course Topics:

- *Participants and their sport needs*
- *Adapting equipment and the rules of water polo*
- *Competition organization*
- *Ensuring safety*
- *Ethical coaching*

